# Special article

# Spanish Implantable Cardioverter-defibrillator Registry. Ninth Official Report of the Spanish Society of Cardiology Electrophysiology and Arrhythmias Section (2012)

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Palabras clave: Arritmias Registro Desfibrilador

## ABSTRACT

*Introduction and objectives*: To summarize the findings of the Spanish Implantable Cardioverterdefibrillator Registry for 2012 compiled by the Electrophysiology and Arrhythmias Section of the Spanish Society of Cardiology.

*Methods:* Prospective data recorded voluntarily on single-page questionnaires were sent to the Spanish Society of Cardiology by each implantation team.

*Results:* Overall, 4216 device implantations were reported, representing 80.8% of the estimated total number of implantations. The reported implantation rate was 91.2 per million population and the estimated total implantation rate was 113 per million. The proportion of first implantations was 69.4%. We collected data from 161 hospitals (6 fewer than in 2011). The majority of implantable cardioverter-defibrillator recipients were men (83.4%). Mean age was 61.8 (13.4) years. Most patients had severe or moderate-to-severe ventricular dysfunction and were in New York Heart Association functional class II. Ischemic heart disease was the most frequent underlying cardiac condition, followed by dilated cardiomyopathy. The number of indications for primary prevention decreased over the previous year and now account for 58.1% of first implantations. Overall, 81% of the implantable cardioverter-defibrillator were implanted by cardiac electrophysiologists.

*Conclusions:* The 2012 Spanish Implantable Cardioverter-defibrillator Registry includes data on 80.8% of all implantable cardioverter-defibrillators implantations performed in Spain. This is the second consecutive year in which the number of implantations has slightly decreased compared to the previous year. This year, the percentage of implantations for primary prevention indications also decreased.

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# Registro Español de Desfibrilador Automático Implantable. IX Informe Oficial de la Sección de Electrofisiología y Arritmias de la Sociedad Española de Cardiología (2012)

#### RESUMEN

*Introducción y objetivos:* Se presentan los resultados del Registro Español de Desfibrilador Automático Implantable de 2012 elaborado por la Sección de Electrofisiología y Arritmias de la Sociedad Española de Cardiología.

*Métodos*: Se envió de forma prospectiva a la Sociedad Española de Cardiología la hoja de recogida de datos cumplimentada voluntariamente por cada equipo implantador.

**Resultados:** El número de implantes comunicados fue de 4.216 (el 80,84% del total de implantes estimado). La tasa de implantes fue 91,2 por millón de habitantes y la estimada, 113. Los primoimplantes fueron el 69,4%. Se obtuvieron datos de 161 hospitales (6 menos que en 2011). La mayoría de los implantes (83,4%) se realizaron en varones. La media de edad fue  $61,8 \pm 13,4$  años. La mayoría de los pacientes presentaban disfunción ventricular grave o moderada-grave y clase funcional II de la *New York Heart Association.* La cardiopatía más frecuente fue la isquémica, seguida de la dilatada. Las indicaciones por prevención primaria han disminuido este año respecto al incremento continuo de años anteriores y son el 58,1% de los primoimplantes. Los implantes realizados por electrofisiólogos han seguido aumentado, y ahora son el 81% del total.

*Conclusiones:* El Registro Español de Desfibrilador Automático Implantable de 2012 recoge información del 80,8% de los implantes realizados en España. Es el segundo año de nuestra serie en que el número de implantes disminuye ligeramente respecto al año previo. Este año también han disminuido los realizados por indicación de prevención primaria.

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# Abbreviations

CRT: cardiac resynchronization therapy EUCOMED: European Medical Technology Industry Association ICD: implantable cardioverter-defibrillator SEC: Spanish Society of Cardiology (Sociedad Española de Cardiología)

# **INTRODUCTION**

Implantable cardioverter-defibrillators (ICD) have proven effective in the primary and secondary prevention of sudden cardiac death. The results of several published studies have enabled the main indications for ICD implantation to be established and included in the clinical guidelines for the management of patients with ventricular arrhythmias or at risk of sudden cardiac death.<sup>1–3</sup> However, the increased use of these devices has raised questions regarding their effectiveness outside the setting of clinical trials, the correct selection of patients for implantation in the real world, access to this therapy, and its safety and cost-effectiveness.<sup>4</sup> As little information exists in the literature on these aspects and on the application of the clinical guidelines in unselected patient populations, health registries can be very useful in clarifying these issues.

This study presents the 2012 data on ICD implantation compiled by the Spanish Implantable Cardioverter-Defibrillator Registry. As in the case of the official reports describing the activity of previous years,<sup>5–11</sup> this report has been prepared by members of the Electrophysiology and Arrhythmias Section of the Spanish Society of Cardiology (SEC, *Sociedad Española de Cardiología*).

The main aim of the registry is to obtain information on the current use of ICDs in Spain, focusing on indications, the clinical characteristics of the patients, implantation data, types of devices and their programming, and procedural complications.

# **METHODS**

Data for the registry were collected on a form available on the SEC web site.<sup>12</sup> Each ICD implantation team, in collaboration with technical personnel from the ICD manufacturer, directly and voluntarily filled out the form during or after the procedure.

The information was entered in the Spanish Implantable Cardioverter-Defibrillator Registry database by a technician engaged for this purpose, assisted by a computer specialist from the SEC and a member of the Electrophysiology and Arrhythmias Section, who were also responsible for data cleaning. The authors of this special article analyzed the data and are responsible for this publication.

The census data used to calculate the rates per million population for the country as a whole and for each autonomous community and province were obtained from estimates provided by the Spanish National Institute of Statistics as of 1 January 2012.<sup>13</sup>

To estimate the representativeness of the registry, the percentage of reported implantations and replacement procedures in relation to the total number of implantations and replacement procedures performed in Spain in 2012 was calculated. The total number was based on the data for 2012 reported to the European Medical Technology Industry Association (EUCOMED) by the firms marketing ICDs in Spain.<sup>14</sup>

When more than 1 form of clinical presentation or type of arrhythmia in the same patient was recorded on the data collection form, only the most serious condition was used in the analysis. The percentages for each variable analyzed were calculated on the basis of the total number of reported implantations that included information on the specific variable.

# **Statistical Analysis**

Numerical results are expressed as mean (standard deviation) or median [interquartile range], depending on the distribution of the variable. Continuous quantitative variables were compared with analysis of variance or the Kruskal-Wallis test. The relationships between the number of implantations and the number of implantation centers per million population and between the total number of implantations and the number of implantations for primary prevention in each center were evaluated using linear regression models.

# RESULTS

The response rates for the various fields on the data collection form ranged from 99.6% for the name of the participating hospital to 53% for QRS width.

# **Participating Centers**

A total of 161 centers that perform ICD implantation in Spain participated in the registry (6 fewer than in 2011) (Table 1). This decrease is due to the grouping of several centers into consortiums, which provided pooled data. Of the respondents, 103 were public health care centers (91 more than in 2011). Figure 1 shows the total number of participating centers, the implantation rate per million population, and the total number of implantations by autonomous community according to data collected by the registry. In 2012, only 8 centers implanted more than 100 devices; 83 centers implanted fewer than 10 ICDs and 66 centers fewer than 5 devices.

#### **Total Number of Implantations**

In total, 4216 first and replacement implantations were performed in 2012, a substantially lower figure than in 2011 (4481). According to the EUCOMED data,<sup>14</sup> this represents 80.8% of the total of 5215 ICD implantations performed in 2011 in Spain. Figure 2 shows the total number of implantations reported to the registry and the number estimated by EUCOMED over the last 10 years.

The implantation rate recorded in the registry was 91.2 per million population, whereas the rate according to the EUCOMED data was 113 per million population. Figure 3 shows the changes occurring in the implantation rate per million population over the last 10 years according to the registry and EUCOMED data. Table 1 shows the number of implantations reported to the registry by participating center. Table 2 shows the number of implantations performed in each province and the rate per million population for the corresponding autonomous community.

The name of the participating center was reported in 99.6% of the cases. The majority of the procedures—3820 (90.8%)—were performed in public health centers.

#### **First Implantations vs Replacement Procedures**

This information was reported in 4092 of the data forms sent to the SEC (97.1%). There were 2842 first implantations, representing 69.4% of the total (70.2% in 2011 and 73.8% in 2010). The rate of

# Table 1

Number of Implantations by Autonomous Community, Province and Center

Andalusia Almería	Hospital Torrecárdenas	20
Cádiz	-	26
Cd012	Hospital de Jerez	10
	Clínica Nuestra Señora de la Salud	1
	Hospital Universitario de Puerto Real	1
Córdoba	Hospital Universitario Puerta del Mar	26
Coldoba	Hospital de la Cruz Roja de Córdoba	
Granda	Hospital Reina Sofía de Córdoba	44
Granada	Hospital Clínico Universitario San Cecilio Hospital Universitario Virgen de las Nieves	19
Huelva		70
	Hospital General Juan Ramón Jiménez Clínica El Ángel	32
Málaga	Hospital USP de Marbella	3
		5
	Hospital Internacional Xanit Clínica Parque San Antonio	8
		188
Covilla	Hospital Virgen de la Victoria	
Seville	Clínica Sagrado Corazón, S.A. Hospital Infanta Luisa (Clínica Esperanza de Triana)	1
		1
	Hospital Nisa Aljarafe Clínica Santa Isabel	4 6
	Hospital Nuestra Señora de Valme	39
	*	
	Hospital Virgen del Porío	58 63
Aragon	Hospital Virgen del Rocío	60
Zaragoza	Hospital Quirón Zaragoza	2
Zalaguza	Hospital Clínico Universitario Lozano Blesa	28
	Hospital Miguel Servet	87
Principality of Asturias		87
Thepandy of Istantas	Hospital Central de Asturias	170
Balearic Islands	Clínica Juaneda	3
bucune islands	Clinica USP Palmaplanas	4
	Hospital Son Llàtzer	17
	Hospital Universitari Son Espases	51
Canary Islands		
Las Palmas	Clínica Santa Catalina, S.A.	4
	Hospital Dr. Negrín	33
	Hospital Insular de Gran Canaria	56
Sta. Cruz de Tenerife	Hospiten Ramblas	1
	Hospital Nuestra Señora de la Candelaria	29
	Hospital Universitario de Canarias	55
Cantabria		
Santander	Hospital Universitario Marqués de Valdecilla	61
Castile and León		
Ávila	Hospital Nuestra Señora de Sonsoles	23
Burgos	Hospital General Yagüe	18
	Hospital Universitario de Burgos, S.A. (HUBU)	38
León	Hospital de León	51
Salamanca	Complejo Hospitalario de Salamanca	60
Valladolid	Hospital Campo Grande	10
	Hospital del Río Hortega	27
	Hospital Clínico Universitario de Valladolid	77
Castile-La Mancha		
Albacete	Hospital General de Albacete	23
Ciudad Real	Nuestra Señora de Alarcos	23
	Hospital General de Ciudad Real	18

Table 1 (Continued)Number of Implantations by Autonomous Community, Province and Center

Guadalajara	Clínica la Antigua	1
	Hospital General y Universitario de Guadalajara	20
Toledo	Clínica Marazuela	1
	Complejo Hospitalario de Toledo	7
	Hospital Nuestra Señora del Prado	19
	Hospital Virgen de la Salud	90
Catalonia		
Barcelona	Clínica Delfos	1
	Clínica Dexeus	1
	Centre Cardiovascular Sant Jordi, S.A	2
	Hospital Sant Joan de Déu	2
	Clínica Sagrada Família	3
	Centro Médico Teknon	4
	Clínica Pilar Sant Jordi	4
	Clínica Quirón	6
	Capio Hospital General de Catalunya	11
	Hospital del Mar	16
	Hospital Germans Trias i Pujol	54
	Hospital Vall d'Hebron	69
	Hospital de Bellvitge	96
	Fundació de G.S. de l'Hospital de la Santa Creu i Sant Pau	104
	Hospital Clínic de Barcelona	189
Girona	Hospital Universitario de Girona Dr. Josep Trueta	1
Lleida	Hospital Universitario Arnau de Vilanova	8
Tarragona	Hospital de Sant Pau i Santa Tecla	5
	Hospital Universitario de Tarragona Joan XXIII	19
Valencian Community		
Alicante	Hospital Virgen de los Lirios	1
	Sanatorio del Perpetuo Socorro	1
	Clínica Benidorm	2
	Hospital General Universitario de Elche	3
	Hospital del Vinalopó	4
	Hospital Marina Salud	4
	Hospital de Torrevieja	6
	Hospital Universitari Sant Joan d'Alacant	26
	Hospital General Universitario de Alicante	120
Castellón	Hospital Rey Don Jaime	1
	Hospital de la Plana	2
	Hospital General de Castelló	27
Valencia	Hospital Lluis Alcanyís	1
	Grupo Hospitalario Quirón, S.A.	2
	Hospital Arnau de Vilanova	4
	Hospital de Manises	17
	Hospital Universitari de la Ribera	18
	Hospital Universitario Dr. Peset	35
	Hospital General Universitario	39
	Hospital Clínico Universitario	50
	Hospital Universitario La Fe	78
Extremadura		
Badajoz	Hospital de Mérida	1
	Clideba	3
	Hospital Infanta Cristina de Badajoz	91
Cáceres	Clínica San Francisco	1
	Complejo Hospitalario de Cáceres	8

 Table 1 (Continued)

 Number of Implantations by Autonomous Community, Province and Center

A Coruña	Hospital Clínico de Santiago	3
	Complejo Hospitalario Universitario de Santiago	80
	Complejo Hospitalario Universitario A Coruña	140
	Hospital USP Santa Teresa	5
Orense	Centro Médico El Carmen	1
Pontevedra	Hospital POVISA	1
	Hospital Miguel Domínguez	2
	Hospital do Meixoeiro	13
	Complejo Hospitalario Universitario de Vigo (CHUVI)	45
La Rioja		
Logroño	Hospital San Pedro	37
Community of Madrid	Hospital Universitario de Móstoles	1
	Clínica Ruber, S.A.	1
	Hospital la Zarzuela	1
	Hospital los Madroños	1
	Hospital Virgen de la Paloma	1
	Sanatorio San Francisco de Asís	1
	Clínica la Luz	2
	Clínica Nuestra Señora de América	2
	Hospital Rey Juan Carlos	2
	Hospital Ruber Internacional	2
	Hospital Sur Alcorcón	2
	Hospital Virgen del Mar	3
	Hospital Infanta Elena	5
	Hospital San Rafael	5
	Hospital Severo Ochoa	6
	Hospital de Madrid-Montepríncipe	7
	Hospital Infanta Leonor	7
	Hospital Quirón Madrid	7
	Hospital Madrid Norte/Sanchinarro	10
	Hospital Universitario de Getafe	9
	Hospital de Fuenlabrada	10
	Fundación Hospital Alcorcón	13
	Hospital Central de la Defensa	15
	Hospital de Torrejón	21
	Fundación Jiménez Díaz. Clínica Ntra. Sra. de la Concepción	28
	Hospital General Universitario Gregorio Marañón	37
	Hospital 12 de Octubre	85
	Hospital Clínico San Carlos	86
	Hospital Ramón y Cajal	96
	Hospital Universitario Puerta de Hierro Majadahonda	98
	Hospital Universitario la Paz	102
Region of Murcia	Clínica Virgen de la Vega	1
	Hospital General Universitario los Arcos del Mar Menor	1
	Hospital Rafael Méndez	1
	Hospital General Universitario Morales Meseguer	3
	Hospital Universitario Virgen de la Arrixaca	88
Chartered Community of Navarre	Hospital Reina Sofía de Navarra	3
	Hospital de Navarra	28
	Clínica Universitaria de Navarra	37
Basque Country		
Álava	Hospital Universitario de Áraba	43
	Hospital de San José	1
Guipúzcoa	Hospital Universitario Donostia (San Sebastián)	3
	Hospital de Donostia	6
Vizcaya	Hospital de Galdakao-Usansolo	19

# Table 1 (Continued)

Number of Implantations by Autonomous Community, Province and Center

Hospital de Cruces	36
Hospital de Basurto	64

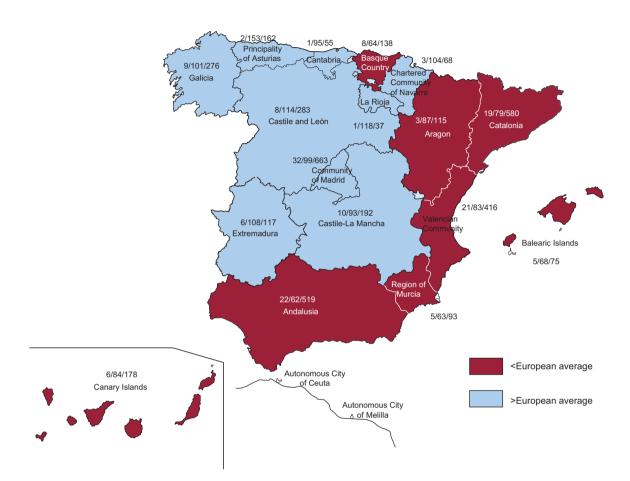


Figure 1. Distribution of the 2012 implantation activity by autonomous community: number of implantation centers/implantation rate per million population/total number of implantations.

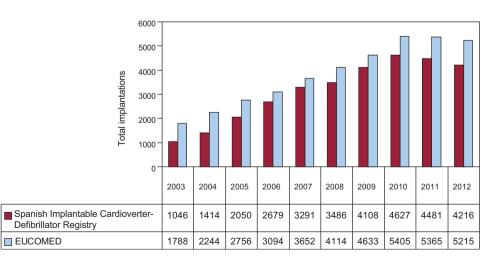


Figure 2. Total number of implantations reported to the registry and total number estimated by the European Medical Technology Industry Association (2003-2012). EUCOMED, European Medical Technology Industry Association.

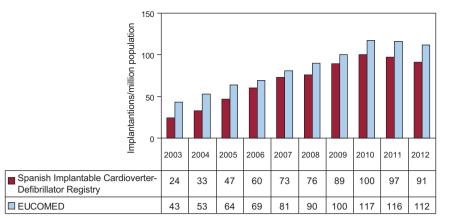


Figure 3. Total number of implantations reported to the registry per million population and as estimated by the European Medical Technology Industry Association (2003-2012). EUCOMED, European Medical Technology Industry Association.

# Table 2

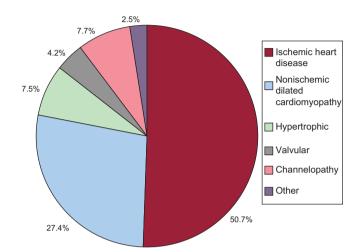
Implantations by Autonomous Community and Province

Autonomous community	Rate per million population	Province	Implantations, no
Andalusia	62.6	Almería	26
		Cádiz	38
		Córdoba	46
		Granada	89
		Huelva	32
		Málaga	206
		Seville	172
Aragon	87.5	Zaragoza	117
Principality of Asturias	153.9	Asturias	170
Balearic Islands	68.5	Baleares	75
Canary Islands	84.2	Las Palmas	93
-		Tenerife	85
Cantabria	95	Santander	61
Castile and León	114.1	Avila	23
		Burgos	56
		León	51
		Salamanca	60
		Valladolid	114
Castile-La Mancha	93.6	Albacete	23
		Ciudad Real	20
		Cuenca	14
		Guadalajara	21
		Toledo	117
Catalonia	79.3	Barcelona	562
		Girona	1
		Lleida	8
		Tarragona	24
Valencian Community	83	Alicante	167
		Castellón	30
		Valencia	244
Extremadura	108	Badajoz	97
		Cáceres	22
Galicia	101.1	A Coruña	228
Guildin	101.1	Ourense	1
		Pontevedra	61
La Rioja	118.5	La Rioja	37
Community of Madrid	99.1	Madrid	666
Region of Murcia	63	Murcia	94
Chartered Community of Navarre	104.1	Navarra	68

# Table 2 (Continued)

Implantations by Autonomous Community and Province

Autonomous community	Rate per million population	Province	Implantations, no.
Basque Country	64.8	Álava	44
		Guipúzcoa	9
		Vizcaya	119
No data			15



**Figure 4.** Type of heart disease prompting device implantation (first implantations).

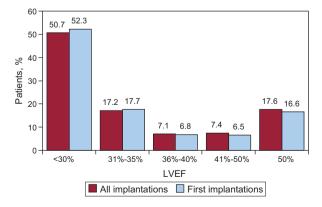
first implantations in 2012 was 64 per million population, equaling that in 2011.

#### Age and Sex

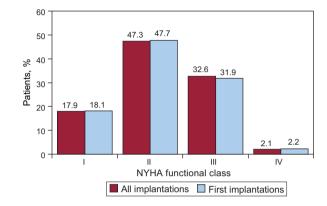
The mean age (standard deviation) [range] of patients receiving an ICD or replacement device was 61.8 (13.4) [7-90] years. The majority of patients were men, accounting for 83.4% of all patients and 80.2% of patients receiving a first implantation.

# Underlying Heart Disease, Left Ventricular Ejection Fraction, Functional Class, and Baseline Rhythm

The most common underlying cardiac condition in primary implantation patients was ischemic heart disease (50.7%), followed by dilated cardiomyopathy (27.4%), hypertrophic cardiomyopathy



**Figure 5.** Left ventricular ejection fraction in registry patients (all implantations and first implantations). LVEF, left ventricular ejection fraction.

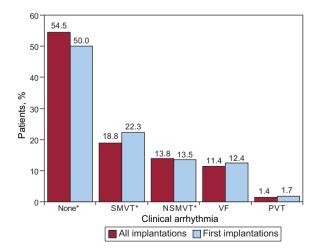


**Figure 6.** New York Heart Association functional class in registry patients (all implantations and first implantations). NYHA, New York Heart Association.

(7.5%), primary conduction abnormalities (Brugada syndrome, idiopathic ventricular fibrillation, and long QT syndrome) (7.7%), and lower percentages of valvular heart disease and arrhythmogenic dysplasia (Fig. 4).

Regarding left ventricular function in patients receiving a first implantation, the left ventricular ejection fraction was <30% in 52.3%, 30%-40% in 23.6%, 41%-50% in 6.5%, and >50% in 16.6%. The distribution was similar in patients receiving a replacement ICD (Fig. 5). This information was reported in 79.8% of the data collection forms.

Regarding the New York Heart Association (NYHA) functional class, the majority of the patients were in NYHA II (47.3%), followed by NYHA III (32.6%), NYHA I (17.9%), and NYHA IV (2.1%). In relation to this variable, the distribution between total implantations and first implantations was also very similar (Fig. 6); this information was reported in 65.8% of the data collection forms.

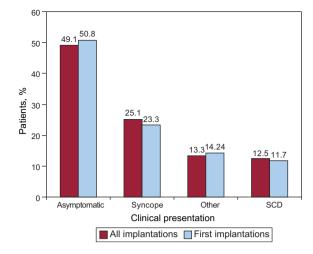


**Figure 7.** Arrhythmia prompting device implantation (first implantations and all implantations). NSMVT, nonsustained monomorphic ventricular tachycardia; PVT, polymorphic ventricular tachycardia; SMVT, sustained monomorphic ventricular tachycardia; VF, ventricular fibrillatio. \**P*<.001.

The baseline cardiac rhythm, recorded in 84.9% of patients, was sinus rhythm (78.2%), followed by atrial fibrillation (16.8%) and paced rhythm (4.47%); the remaining patients had other rhythms (atrial flutter and other arrhythmias).

# Clinical Arrhythmia Prompting Device Placement, Presentation, and Electrical Stimulation-induced Arrhythmias

Information on this item was reported in 80.2% of the data collection forms. The largest group of first-implantation patients was comprised of those with no documented clinical arrhythmia (54.5%), followed by those with sustained monomorphic ventricular tachycardia, nonsustained ventricular tachycardia, and ventricular fibrillation (18.8%, 13.8%, and 11.4%, respectively). Of the total implantation procedures performed, 50.2% of devices were placed in patients without documented clinical arrhythmia (Fig. 7). Differences in the type of arrhythmias between patients were



**Figure 8.** Clinical presentation of arrhythmia in registry patients (first implantations and all implantations). SCD, sudden cardiac death.

#### Table 3

Number of First Implantations According to the Type of Heart Disease, Type of Clinical Arrhythmia, and Form of Presentation (2008-2012)

	2008	2009	2010	2011	2012
Ischemic heart disease	i i			i	i i
Aborted SCD	93 (9.3)	111 (7.9)	154 (10.0)	150 (10.85)	134 (9.9)
SMVT associated with syncope	126 (10.2)	117 (8.4)	132 (8.6)	199 (14.4)	110 (8.1)
SMVT without syncope	176 (14.3)	201 (14.4)	317 (20.7)	197 (14.2%)	148 (10.9)
Syncope without arrhythmia	138 (11.2)	121 (8.7)	68 (4.4)	95 (6.85%)	77 (5.7)
Prophylactic implantation	607 (49.3)	637 (45.9)	642 (42.0)	623 (45.01%)	682 (50.5)
Missing/unclassifiable	92 (7.5)	202 (14.5)	212 (13.9)	120 (8.67%)	200 (14.8)
Subtotal	1232	1389	1525	1384	1351
Dilated cardiomyopathy					
Aborted SCD	38 (6.6)	53 (5.5)	49 (6)	47 (5.88)	50 (6.6)
SMVT associated with syncope	33 (5.7)	61 (6.4)	58 (7.1)	57 (7.13)	44 (5.8)
SMVT without syncope	43 (7.4)	69 (7.2)	136 (16.8)	157 (19.65)	46 (6.0)
Syncope without arrhythmia	74 (12.8)	102 (10.7)	34 (4.2)	37 (4.63)	38 (5.0)
Prophylactic implantation	337 (58.3)	440 (46.1)	393 (48.7)	427 (53.44)	473 (62.3)
Missing/unclassifiable	53 (9.2)	228 (23.9)	136 (16.8)	74 (9.26)	108 (14.2)
Subtotal	578	953	806	799	759
Valvular heart disease					
Aborted SCD	11 (12.5)	8 (9.3)	9 (8.3)	16 (10.81)	15 (13.4)
SMVT	25 (28.4)	27 (31.3)	29 (26.8)	47 (31.76)	24 (21.6)
Syncope without arrhythmias	8 (9.1)	8 (9.3)	4 (3.7)	5 (3.38)	12 (10.8)
Prophylactic implantation	39 (44.3)	28 (23.5)	50 (46.2)	66 (44.59)	48 (43.2)
Missing/unclassifiable	5 (5.7)	15 (17.4)	16 (14.8)	14 (9.64)	12 (10.8)
Subtotal	88	86	108	148	111
Hypertrophic cardiomyopathy					
Secondary prevention	29 (19.9)	24 (14.9)	90 (54.5)	127 (68.8)	140 (68.6)
Prophylactic implantation	99 (67.8)	97 (60.2)	53 (32.1)	52 (27.96)	53 (26)
Missing/unclassifiable	18 (12.3)	40 (24.8)	22 (13.2)	7 (3.76)	11 (5.3)
Subtotal	146	161	165	186	204
Brugada syndrome					
Aborted SCD	7 (10.4)	11 (8.4)	17 (24.6)	7 (13.46)	11 (14.1)
Prophylactic implantation in syncope	27 (40.4)	36 (27.6)	18 (26.6)	25 (40.85)	22 (28.2)
Prophylactic implantation without syncope	28 (41.2)	52 (40.0)	23 (33.3)	15 (28.85)	42 (53.8)
Missing/unclassifiable	5 (7.8)	31 (23.8)	11 (15.9)	5 (9.62)	3 (3.8)
Subtotal	67	130	69	52	78
ARVC					
Aborted SCD	2 (6.96)	1 (3.8)	4 (15.9)	2 (4.65)	1 (3.3)
SMVT	12 (41.4)	16 (61.2)	23 (71.8)	21 (48.84)	11 (33.3)

# Table 3 (Continued)

Number of First Implantations According to the Type of Heart Disease, Type of Clinical Arrhythmia, and Form of Presentation (2008-2012)

	2008	2009	2010	2011	2012
Prophylactic implantation	12 (41.4)	5 (19.2)	4 (12.5)	17 (39.53)	13 (39.4)
Missing/unclassifiable	3 (10.3)	4 (15.3)	1 (3.1)	3 (6.98)	8 (24.4)
Subtotal	29	26	32	43	33
Congenital heart disease					
Aborted SCD	2 (11.1)	4 (19.0)	3 (8.1)	4 (12.50)	6 (20.0)
SMVT	5 (27.8)	1 (4.7)	15 (40.5)	8 (25.00)	7 (23.3)
Prophylactic implantation	10 (55.6)	9 (42.8)	16 (43.2)	15 (46.80)	12 (40.00)
Missing/unclassifiable	1 (5.5)	7 (33.3)	3 (8.1)	5 (15.36)	5 (16.6)
Subtotal	18	21	37	32	30
Long QT syndrome					
Aborted SCD	3 (15.8)	9 (50.00)	18 (60.0)	11 (50.00)	10 (41.6)
Prophylactic implantation	16 (84.2)	3 (16.6)	6 (20.0)	9 (40.91)	10 (41.6)
Missing/unclassifiable	0	6 (33.3)	6 (20.0)	2 (9.09)	4 (16.6)
Subtotal	19	18	30	22	24

ARVC, arrhythmogenic right ventricular cardiomyopathy; SCD, sudden cardiac death; SMVT, sustained monomorphic ventricular tachycardia.

statistically significant for patients without arrhythmia (P=.0008) and those with sustained monomorphic ventricular tachycardia (P=.001), but not for patients with nonsustained ventricular tachycardia or ventricular fibrillation.

The most common clinical presentation in the overall group and the first implantation group (72.5% and 69.7% completed responses) was an absence of symptoms, followed by "other symptoms" and syncope (Fig. 8). There were no statistically significant differences between the first implantation group and the overall group in the form of presentation.

Information on electrophysiological studies was available on 2326 patients receiving a first implantation (78.6%). Electrophysiological studies were conducted in only 297 patients (14.6%). The most frequently induced arrhythmia was sustained monomorphic ventricular tachycardia (44.6%), followed by ventricular fibrillation (19.2%), and less frequently, nonsustained ventricular tachycardia (8.7%) and others (2.9%). Arrhythmia was not induced in 24.6% of the patients who underwent electrophysiological studies, which were mainly conducted in patients with ischemic heart disease and dilated cardiomyopathy.

# **Clinical History**

Since 2011, several new fields related to the patient's clinical history have been incorporated in the data collection form.

#### Table 4

Changes in the Main Indications for Implantable Cardioverter-defibrillator Placement (First Implantations, 2003-2012)

Year	SCD	SMVT	Syncope	Primary prevention
2003	13.7	2.8	14	29
2004	14.8	37	16	32.2*
2005	11.1	34.8	14.6	39.5 <sup>*</sup>
2006	9.5	27	13.2	50.3 <sup>*</sup>
2007	9.9	25	14.1	50.7 <sup>*</sup>
2008	9.3	21.4	12.3	57 <sup>*</sup>
2009	9.4	20.8	13.9	55.9
2010	10.9	20.6	11.1	57.1 <sup>*</sup>
2011	10.7	15.1	14.6	59.4
2012	12.5	10.2	19.1	58.1

SCD, sudden cardiac death; SMVT, sustained monomorphic ventricular tachycardia. <sup>\*</sup> Significant difference compared to the previous year (*P*<.01).

For patients with first implantations, 66.9% to 78.8% of these fields were completed, with the following results: hypertension, 55.7%; hypercholesterolemia, 45.6%; smoking, 38.1%; diabetes mellitus, 31.3%; a history of atrial fibrillation, 26.3%; kidney failure, 15.8%; history of sudden cardiac death, 8.5%; and stroke, 7.3%. The QRS interval was documented in 53% of the records (mean value 126.2 [59] ms). The QRS interval was >140 ms in 69.5% of the patients. Of these, 85.3% of the patients in the first implantation group (78.6% of the total group) received a combined resynchronization/ICD (ICD-CRT [cardiac resynchronization therapy]) device.

#### Indications

Table 3 shows changes in first implantations by type of heart disease and presentation from 2009 to 2012. This information was reported in 91% of the data collection forms. Ischemic heart disease was the condition most often associated with ICD implantation, and the indication was mainly for primary prevention (59.5%), a percentage that has not increased in recent years (59.6% in 2011 and 58.5% in 2010). The trend in primary prevention for dilated cardiomyopathy was also similar (74.1% vs 74.7% in 2011 and 72.8% in 2010). Regarding the less common types of heart disease, the predominant indication was primary prevention in valvular heart disease, hypertrophic cardiomyopathy, and Brugada syndrome and other channelopathies. In congenital heart disease, the main indication was secondary prevention.

Information on indications for implantation was reported in 90.1% of the data collection forms. The majority of implantations were indicated for primary prevention (58.1%), although this was the first year that the number of implantations decreased for this indication. This variation has been increasing and was statistically significant (P<.01) until 2008 and again between 2009 and 2010 (Table 4).

# **Implantation Setting and Attending Specialist**

Information on these items was reported in 90.5% of the data collection forms. The main setting in which implantations were performed was the electrophysiology laboratory in 81.4% of cases (76.4% in 2011, 70.3% in 2010, and 67% in 2009), followed by the operating room (17.31%).

#### Table 5

Type of Implantable Cardioverter-defibrillators Placed

	2010, total	2011, total	2012, total	2012, EUCOMED	2012, first implantations
Single-chamber	50.3	46.7	49.4	46.5	52.5
Dual-chamber	20.2	18.4	18.0	19.4	17.7
Resynchronizer	28.2	34.9	32.5	34.1	30.0

EUCOMED, European Medical Technology Association.

Figures are expressed as percentages.

The procedure was performed by electrophysiologists in 81% of cases (78.4% in 2011 and 76.1% in 2010), surgeons in 14% (15.5% in 2011), both specialists in 1.9%, and other specialists and intensivists in 1.6% and 1.4%, respectively.

#### **Generator Implantation Site**

Information on the generator implantation site in first implantations was reported in 3735 (83%) of the data collection forms. The generator was placed subcutaneously in a pectoral position in 95% of cases and in a subpectoral position in the remaining 5%. Regarding the total number of devices implanted, the values were 93.4% and 6.6%, respectively.

# **Type of Device**

This information was reported in 94% of the data collection forms and is summarized in Table 5. Single-chamber ICDs were implanted in 49.4% (46.7% in 2011), dual-chamber ICDs in 18% (18.4% in 2011), and ICD-CRTs in 32.5% (34.9% in 2011).

In patients with ischemic heart disease, 72.3% of the devices were single-chamber or dual-chamber and 27.7% were ICD-CRTs. In patients with dilated cardiomyopathy, 56.5% (59.7% in 2011) of the devices were ICD-CRTs.

# Reasons for Device Replacement, Need for Replacement, and Use of Additional Leads

Information on the 1133 replacement procedures was reported in 977 (86.2%) of the data collection forms. The most common reason was battery depletion (85.3%), followed by complications (7.8%), and change of indication (6.8%). Of the 54 cases of early replacement procedures reported, 14.8% were performed within 6 months of the implantation procedure.

In 77% of the replacement reports, information was provided on the status of the leads: 8.9% (78 records) were malfunctioning and lead extraction was performed in 23% (18) of the cases in which this information was recorded.

# **Implantable Cardioverter-defibrillator Programming**

Information on this item was reported in 56.2% of the data collection forms. The antibradycardia pacing most commonly used was VVI mode (57.4%), followed by DDD mode (30.1%), VVIR mode (5.5%), DDDR (4.7%), and other pacing modes, mainly preventive algorithms for ventricular pacing (2.3%).

Information on the induction of ventricular fibrillation was reported in 3591 of the data collection forms. In total, 250 patients (6.7%) underwent this procedure; the mean threshold was 20.5 (7.1) and a mean of 1.1 shocks were delivered.

# Complications

Information on this item was reported in 87.1% of the data collection forms. In total, 28 complications were reported: 8 dissections of the coronary sinus, 3 deaths, 2 cases of pneumothorax, 1 case of tamponade, and 13 cases of various or unspecified complications. The death rate was 0.08%, similar to that reported for the previous year (0.1%).

# DISCUSSION

The results of the 2012 ICD registry continue to show an acceptable level of representativeness. The information provided is reliable regarding the number of implantations, the type of device, indications, and the clinical characteristics of patients.

# **Comparison With Registries of Previous Years**

In 2005, the first Spanish Implantable Cardioverter-Defibrillator Registry was published, in which the results for the period 2002-2004 were presented.<sup>4</sup> There was an increase in the number of ICDs implanted each year until 2011<sup>5-11</sup> and 2012 was the second consecutive year in which a decrease was observed in the number of devices implanted in Spain. These data are consistent with the results reported by EUCOMED. In Europe, there was a slight increase in the number of ICD implantations and ICD-CRTs.<sup>14</sup>

There was a decrease in the indication for ICD implantation for primary prevention compared to 2011<sup>11</sup> (58.1% vs 59.4%), which broke the trend established since 2003. There was also a slight decrease in ICD-CRT implantations (32.5% vs 34.9%); however, the number of single-chamber ICD implantations increased (49.4% vs 46.7% in 2011). There was practically no change in the use of dual-chamber ICDs (18% vs 18.4%). In 2011, there was a decrease in the use of single- and dual-chamber ICDs compared to ICD-CRTs, whereas in 2012 this trend reversed; there is no obvious reason for this change, but it is probably explained by the decrease in indications for primary prevention in that year.

The most common indication for ICD implantation continued to be ischemic heart disease (50.7%), followed by dilated cardiomyopathy (27.4%). As in previous years,<sup>11</sup> more than half of the implantations in patients with dilated cardiomyopathy were ICD-CRTs (56.5%), whereas the percentage was lower in patients with ischemic heart disease (27.7%).

The trend of gradual increase in the number of ICD implantations changed in 2011 and 2012, becoming stable or decreasing.<sup>14</sup> No study has reported a change in indications for ICD implantation in recent years. The Multicenter Automatic Defibrillator Implantation Trial II,<sup>15</sup> published in 2002, and the Comparison of Medical Therapy, Pacing and Defibrillation in Heart Failure<sup>16</sup> and Sudden Cardiac Death in Heart Failure Trial,<sup>17</sup> published in 2005 and 2006, respectively, established the current indications for primary prevention and CRT, leading to a gradual increase in the number of implantations over the next 10 years. Although the indications for ICD and CRT implantation are well supported in the clinical practice guidelines,<sup>18–21</sup> the implantation rate per million population does not match the rate that would be expected according to the clinical evidence, either for Spain or for other European countries.<sup>22</sup>

As in previous registries, differences remain between the number of implantations in the present registry and the EUCOMED data, at proportions similar to those of other years.

The number of participating centers has decreased since 2011, mainly due to the grouping of several hospitals into consortiums that provided pooled data. Only 8 hospitals (11 in 2011) implanted more than 100 devices and 83 centers implanted fewer than 10 devices. An association has been shown between procedure volume and the number of complications,<sup>23</sup> which decrease with increasing procedure volume per center.

Compared to previous registries, there were no changes in the epidemiologic characteristics of the patients. Patients with severe left ventricular dysfunction and those in NYHA functional class II and III continue to predominate. There was a slight gradual increase in the number of ICD implantations performed in the electrophysiology laboratory (81.4% vs 76.4% in 2011) and in those performed by electrophysiologists (81% vs 78.4% in 2011).

## **Differences Between Autonomous Communities**

The differences in the ICD implantation rate between the various autonomous communities remained steady. The implantation rate in Spain was 91.2 per million population and 113 per million population according to EUCOMED, both of which were less than in 2011 (97 and 116.2, respectively). Several autonomous communities were above this average: Principality of Asturias (153), Castile and León (114), La Rioja (118), Extremadura (108), the Chartered Community of Navarre (104), Galicia (101), the Community of Madrid (99), Cantabria (95), and Castile-La Mancha (93). Autonomous communities below this average included Andalusia (62), the Region of Murcia (63), the Basque Country (64), the Balearic Islands (68), Catalonia (79), the Valencian Community (83), the Canary Islands (84), and Aragon (87). The autonomous community with the highest rate of ICD implantations reported more than twice that of the autonomous community with the lowest rate. There was an increase in ICD implantations in Extremadura, the Chartered Community of Navarre, the Canary Islands, and Galicia. There was a striking decrease in ICD implantations in Cantabria (143 vs 95) and the Community of Madrid (121 vs 99.1), whereas the decrease was less marked in the other autonomous communities.

There was no association between the gross domestic product of each autonomous community and the number of implantations. Interestingly, most of the autonomous communities with highest *per capita* income were those in which the number of ICD implantations performed was below the average. Neither was there an association between the number of ICD implantations and the incidence of ischemic heart disease and heart failure among the various autonomous communities. These differences may be explained by the health organization in each autonomous community, the number of arrhythmia units, or distribution of the referrals.

# **Comparison With Other Countries**

The implantation rate including ICDs and ICD-CRTs in the countries participating in EUCOMED was 273 per million population (269 in 2011). Germany, with 496 implantations, remained the country with the highest rate. Greece, with 111 implantations per million population, had the lowest rate. The following

countries were above the average: the Netherlands (364), Italy (363), Norway (285), Denmark (280), and the Czech Republic (277). Countries below the average included Austria (259), Poland (252), Belgium (216), Switzerland (198), Sweden (191), France (191), Ireland (175), Finland (158), the United Kingdom (156), Portugal (125), Spain (113), and Greece (111).

The ICD implantation rate was 167 per million population in 2012 (162 in 2011). Germany (324) had the highest rate of ICD implantations, whereas Spain (74) had the lowest rate.

The ICD-CRT implantation rate was 106 per million population (107 in 2011). Germany (192 implantations) had the highest rate, whereas Greece (34) had the lowest rate. In Spain, the ICD-CRT implantation rate was 39 implantations per million population.

There was little change in the data for Europe between 2012 and 2011. There was a slowdown in the growth of the number of ICD implantations in 2012 compared to growth in previous years. The difference between Spain and the European average was maintained.

Differences between regions of European countries were similar to those reported in Spain,<sup>24,25</sup> a situation for which there is no clear explanation. Although the cause has been attributed to the number of arrhythmia units available, this is an unlikely explanation, at least in Spain, where the autonomous communities with the highest number of arrhythmia units available have the lowest ICD implantation rates. Neither does *per capita* income appear to be related, since countries such as Ireland, the Czech Republic, and Poland have ICD implantation rates well above those in Spain. The ICD implantation rates and regional variations in Spain may be related to the incidence of cardiovascular diseases, access to and organization of the health care system, and the degree to which the clinical practice guidelines are accepted and implemented.

# Limitations

According to EUCOMED data, 80.8% of implantations performed in Spain were reported to the registry. This value is lower than the 83.6% reported in 2011 and the 90% reported in 2007, the year in which the percentage began its decrease to the current value. However, this value is still representative of the current situation in Spain and the number of centers participating in the registry has steadily increased.

In some hospitals, the true number of implantations performed differed from the number reported to the registry because the registry only included information provided in the data collection forms. Some of the forms may not have been received, since there are several ways to send and receive information, or the data may have been entered incorrectly. Next year there will likely be an online data reporting option, which could both improve the outcome and reduce the difference between the data collected in this registry and the data provided by EUCOMED.

There were great variations in the response rates for the various fields on the data collection form, ranging from 99.6% for the name of the participating hospital to 53% for QRS width. Finally, the percentage of complications reported in the registry does not accurately reflect the true situation because the data form was completed during or immediately after the procedure and therefore the majority of the subacute complications would not be recorded.

# Future Prospects of the Spanish Implantable Cardioverter-defibrillator Registry

The current registry is the 9th official report of this activity in Spain. The fact that the registry has been maintained over so many years should be a cause of genuine satisfaction for all participating members of the Electrophysiology and Arrhythmias Section of the SEC. The steady modernization of the registry will make it possible to obtain more and better information with less effort by the personnel involved in its maintenance. Future improvements in online data collection may make it possible to achieve more ambitious clinical goals and could include parameters such as mortality, shocks delivered, complications, etc., thus improving both, the clinical data and the overall value of the registry.

## **CONCLUSIONS**

The 2012 Spanish Implantable Cardioverter-Defibrillator Registry provides information on 80.8% of the procedures performed in Spain and continues to be representative of the use and current indications of this therapy. This is the second consecutive year that the number of implantations has decreased, with a rate of 91.2 per million population. The indications for primary prevention and ICD-CRT therapy have also decreased. As in previous years, the number of implantations in Spain was still far lower than the European Union average, and substantial differences remain between the various autonomous communities.

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# **CONFLICTS OF INTEREST**

J. Alzueta has participated in research projects with Medtronic, St. Jude Medical, Boston Scientific, Biotronik, and Sorin Group, and in round tables sponsored by Medtronic, St. Jude Medical, and Biotronik.

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